



Meet the
midwives &
doulas! Ask as
many questions
as you like

Ideal Birth

www.YourIdealBirth.com

PREPPING FOR PARENTHOOD:

Answers to the most popular “Why didn’t anyone tell me?” Questions on pregnancy, labor & delivery and pediatrics

Monday July 15th • 6:30-8:30pm | 8:30-9pm Q & A on Breastfeeding

Hot Topics!

- Dr. Edmond Sarraf MD is a Holistic Integrated Pediatrician using homeopathy, gemmotherapy, nutrition etc., in a personalized home-office practice.
- Dr. Stuart Fischbein, MD FACOG Management of Normal Labor, Skills & Techniques Breech, VBAC, Home Birth, Twins, Nutrition & More!
- Dr. Elliot Berlin DC, Berlin Wellness How can you have a natural, comfortable & healthy pregnancy, labor & delivery experience? The role of Chiropractic, Acupuncture, Massage, how to manage pain or injury, and special conditions.
- Dr. Alyssa Berlin, prenatal & postpartum clinical psychologist offering an internationally acclaimed Bring Baby Home Workshop
- Understand the balance point for standard & alternative medicine to meet
- The Difference of Practicing a Wellness Approach

VIP Nannies
and Club
MomMe LA
Gifts & Support

\$25 per couple in advance, \$40 at the door

Panelist also include:

Ideal Birth: Breastfeeding and Doula

Luriko Ozeki: Acupuncture, Chinese Therapy
and Post-Partum support groups

Kate Von: Holistic Nutritionist, Gluten/Dairy Free.

Lara Pujdak: Hypnobirthing

Max Wasa, DDRMT: Reikki/Massage/Crystal therapy

R.S.V.P & Registration link:

<http://www.youridealbirth.com/Classes.html//>

**Integrative Pediatric Wellness Center
@ So Cal Integrative Wellness Center**

955 Carrillo Dr. Ste. 210 Los Angeles CA 90048

(310) 888-7778

www.pediatricgems.com